



## My Unifrog user guide Year 8

SESSION	WHAT SHOULD I BE DOING?	KEY RESOURCES	Notes
Session 1 – Unifrog Launch Session	<p><b>Attend the introduction to Unifrog.</b> – Listen with interest as this programme can help me to think about my future and start planning today how I will get to my goal. Even if I don’t know yet what I will be doing, the programme can help me learn the skills I need, when I finally make up my mind. Following the session I should also access my Unifrog account and upload the information needed.</p> <p><b>Fill in my “Post 16 intentions”</b> – it doesn’t need to be fixed in concrete! It is just a guide in where you want to go and if they have any plans at this time.</p> <p><b>Parent Login on FROG</b> Take the letter to parents home and share with them information as to what the programme is about.</p>	<p><b>Year 9 Launch PowerPoint</b> <a href="https://cdn.unifrog.org/downloads/Student_Launch_-_KS3_KS4.pptx">https://cdn.unifrog.org/downloads/Student_Launch_-_KS3_KS4.pptx</a></p> <p><b>Post 16 Intentions PowerPoint</b> <a href="https://cdn.unifrog.org/downloads/Walkthrough_-_Intentions_Tool.pptx">https://cdn.unifrog.org/downloads/Walkthrough_-_Intentions_Tool.pptx</a></p> <p><b>Parent Letter</b> <a href="https://cdn.unifrog.org/downloads/Parent_letter_-_Nov16_Update.docx">https://cdn.unifrog.org/downloads/Parent_letter_-_Nov16_Update.docx</a></p>	<p><b>1. Handout for scholars</b></p> <p><b>1. Handout for scholars</b></p>

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Session 2 – Building the best You!	<p><b>Record any activities I have done.</b> Make sure to log any academic activities including independent work, research projects and extracurricular projects. I should think outside of my studies; work experience, volunteering or being a member of a club/society</p> <p><b>Start to record my key competencies (abilities).</b> Reflecting on the <b>Activities Tool</b> Log into my key competencies, the strengths I have demonstrated/developed e.g. Independence. Team work, Communication skills. Record them!</p>	<p><b>Activities Tool PowerPoint</b>  <a href="https://cdn.unifrog.org/downloads/Walkthrough_-_Activities.pptx">https://cdn.unifrog.org/downloads/Walkthrough -            _Activities.pptx</a></p> <p><b>Competencies Tool PowerPoint</b>  <a href="https://cdn.unifrog.org/downloads/Walkthrough_-_Competencies.pptx">https://cdn.unifrog.org/downloads/Walkthrough -            _Competencies.pptx</a></p>	<p>1. Handout for scholars</p> <p>1. Handout for scholars</p>

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Session 3 – Broadening Horizons	<p><b>Start to explore both the Careers and Subjects Library to get a better understanding of the exciting range of post-school pathways available and, crucially, how you pursue these.</b></p> <p><b>Careers library.</b> I can use the Careers library to explore the best potential careers for me based on a range of options such as career area, subject area, key themes and where their competencies lie. I can find out information such as the broad requirements for getting in to that field and how my career in that area can progress.</p> <p><b>Subjects library.</b> Search subjects which you can study at university based on your favourite subjects the study at school as well as your wider interests. You can find out information about the course such as the most popular school subjects taken by students on the course and the average salary 6 months after graduating.</p>	<p><b>Use the Careers library and Subjects library under the 'Exploring Pathways' title during this session. Use the 'favourite' function in the tools to highlight careers and subjects which currently take your interest.</b></p>	<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> <li>4.</li> <li>5.</li> <li>6.</li> <li>7.</li> </ol>

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Session 4 – Know How, Find How, Show How!	<p><b>Know How: Using both the University search tool and the Know How library start to consider the following:</b></p> <ol style="list-style-type: none"> <li>1. Subject choices</li> <li>2. Future goals – the earlier I starts to consider these, the more likely they are to succeed</li> </ol> <p><b>My pathway search.</b> Am I planning to go to College/Sixth Form or am I planning to choose the Apprenticeship route? Where can I make the best progress? This is where I should start my search and make a short list. Apprenticeship route? I should Start using Unifrog to see what skills my chosen industry is looking for.</p>	<p>Use the Know How Guide to helps me to think about my plans and next steps. This can be found in the Know How library under UK Uni’s, Preparing to Apply, 5 things to put in place at KS4.</p> <p><b>Am I struggling to make subject choices at A Level? I could use the A Level Choices PowerPoint and Worksheet to help students plan their next steps:</b>  <a href="https://cdn.unifrog.org/downloads/A_level_choices.pptx">https://cdn.unifrog.org/downloads/A_level_choices.pptx</a></p> <p><b>Here’s our How To Guide on using the College’s and Sixth Forms, Apprenticeships and Universities search tools.</b>  <a href="https://cdn.unifrog.org/downloads/Walkthrough_-_College_and_Sixth_Form.pptx">https://cdn.unifrog.org/downloads/Walkthrough_-_College_and_Sixth_Form.pptx</a>  <a href="https://cdn.unifrog.org/downloads/Walkthrough_-_University.pptx">https://cdn.unifrog.org/downloads/Walkthrough_-_University.pptx</a>  <a href="https://cdn.unifrog.org/downloads/Walkthrough_-_Apprenticeship.pptx">https://cdn.unifrog.org/downloads/Walkthrough_-_Apprenticeship.pptx</a></p>	<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> <li>4.</li> <li>5.</li> </ol> <ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> <li>4.</li> <li>5.</li> </ol>
June/July	<p><b>End of Year Check.</b> Have I used my key strengths towards my CV? Have I logged my post 16 intentions?</p>		<p><b>What else do I need to do?</b></p> <ol style="list-style-type: none"> <li>1.</li> <li>2.</li> </ol>

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